







If you don't know how to go on

# We are there for you

Our experienced staff is offering professional counseling and treatment of addiction disorders. Our staff consists of multiple occupations:

- Psychologists
- Psychiatrists
- Social Workers
- Administrative Assistants

### What you should also know

- Our counseling center is accredited by healthand care insurance providers.
- Staff members are subject to medical confidentiality. All topics are handled with strict confidentiality.
- Family members can make use of our counseling services as well.
- In order to make an appointment you can call us, write an email or stop by our office in person.
- It does not matter which denomination you belong to.

## How to contact us

Fachambulanz für junge Suchtkranke Arnulfstraße 83 | 80634 Munich

Phone (089) 724499-300 Fax (089) 724499-389 suchtambulanzM@caritasmuenchen.org

We are available on: Mo- Th from 8:30 a.m. to 4:30 p.m. from 8.30 a.m. to 3.30 p.m

If you want an personal appointment, please call us.





Fachambulanz für junge Suchtkranke Munich

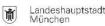




















# Courage to face life – stronger than addiction

The Therapieverbund Sucht combines the treatment options of the Caritasverbands der Erzdiözese München und Freising e.V.

With the joint message "courage to face life – stronger than addiction" we are trying to encourage as many affected individuals as possible to change their current life.

For people who have the courage to take the first step, we can offer further information and personal counseling as well as advice to various forms of addiction and possible treatment options.

"We complement each other, that's why we fit together so well."

Our counseling- and treatment centers treat addiction to medication, illegal drugs, alcohol, nicotine, pathological gambling and eating disorders

www.staerker-als-sucht.de



# We understand your problem

Abuse of and addiction to alcohol, medication or illegal drugs is not an inevitable fate that you have to helplessly surrender to. This also applies to other addictive behavioral manners such as pathological gambling or pathological media use.

Substance addiction or other forms of addictive behavior are often related to relationship issues, problems in life or family conflicts.

Help and assistance is possible if you are willing to confront your problems and if you are willing to actively collaborate in finding a solution.

The first step, and also the most important step, is to overcome your anxiety and fear to contact our counseling center.

"Do the first step – that will change your life."

### What we offer

## Counseling

Free and anonymous counseling for addicts, their family members and interested individuals

## Therapy/rehabilitation and follow-up care

Outpatient treatment of addiction Placement into inpatient treatment Follow-up care

### Outpatient assisted living

Suitable for individuals with an addiction disorder and an additional psychiatric diagnosis.

#### **CANDIS**

Short-term treatment for problems with cannabinoids

#### Cariflex

Short-term intervention for youth and judiciary orders and constraints

### Counseling center for pathological gambling

Free and anonymous counseling for victims, family members and interested individuals

#### Training

Training opportunities for specialized staff